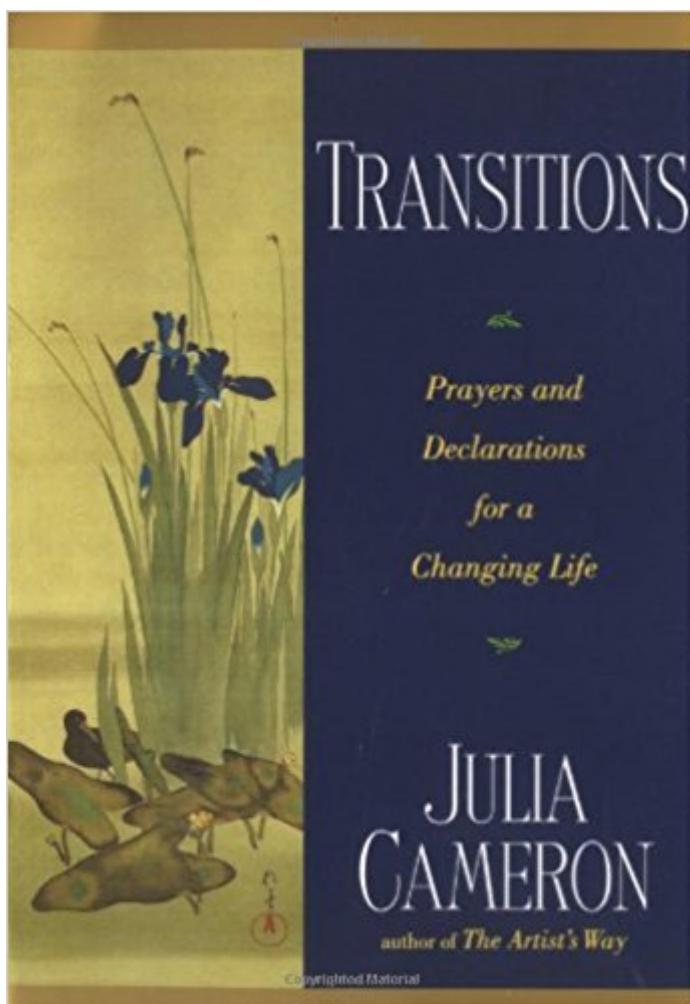


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# Transitions: Prayers And Declarations For A Changing Life



## Synopsis

In this gift-sized book, Julia Cameron shares beautiful prayers of empowerment followed by potent declarations and reflections on the nature of change and coping. They extend beyond affirmations to facilitate a powerful awakening of the potential of the human soul and to revitalize our abilities to transform our lives in the face of whatever the universe may put in our life's path. Transitions will help guide the soul and draw readers toward the source of their inner strength. Whether read in one sitting, or used over time, this is a book no thoughtful being will want to be without.

## Book Information

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## Customer Reviews

Praise for THE ARTIST'S WAY... "THE ARTIST'S WAY by Julia Cameron is not exclusively about writing, it is about discovering and developing the artist within whether a painter, poet, screenwriter or musician...but it is a lot about writing. If you have always wanted to pursue a creative dream, have always wanted to play and create with words or paints, this book will gently get you started and help you learn all kinds of paying-attention techniques; and that, after all, is what being an artist is all about. It's about learning to pay attention." --Anne Lamott, Mademoiselle "The premise of the book is that creativity and spirituality are the same thing, they come from the same place. And we were created to use this life to express our individuality, and that over the course of a lifetime that gets beaten out of us. [THE ARTIST'S WAY] helped me put aside my fear and not worry about whether the record would be commercial." --Grammy award-winning singer Kathy

MatteaÃ  Ã¢ Ã“Julia Cameron brings creativity and spirituality together with the same kind of step-by-step wisdom that Edgar Cayce encouraged. The result is spiritual creativity as a consistent and nourishing part of daily life.Ã¢ Ã•-Venture InwardÃ¢ Ã“I never knew I was a visual artist until I read Julia CameronÃ¢ â„¢s THE ARTISTÃ¢ Ã¢ â„¢S WAY.Ã¢ Ã•-Jannene Behl in ArtistÃ¢ Ã¢ â„¢s MagazineÃ Ã¢ Ã“Julia CameronÃ¢ Ã¢ â„¢s landmark book THE ARTISTÃ¢ Ã¢ â„¢S WAY helped me figure out who I really was as an adult, not so much as an artist but as a person. And award-winning journalist and poet, CameronÃ¢ Ã¢ â„¢s genius is that she doesnÃ¢ Ã¢ â„¢t tell readers what they should do to achieve or who they should beÃ¢ Ã¢ â„¢ instead she creates a map for readers to start exploring these questions themselves.Ã¢ Ã•-Michael F. Melcher, Law Practice magazineÃ Ã¢ Ã“This is not a self-help book in the normative sense. It is simply a powerful book that can challenge one to move into an entirely different state of personal expression and growth.Ã¢ Ã•-Nick Maddox, Deland BeaconÃ Ã¢ Ã“THE ARTISTÃ¢ Ã¢ â„¢S WAY (with its companion volume THE ARTISTÃ¢ Ã¢ â„¢S WAY MORNING PAGES JOURNAL) becomes a friend over time, not just a journal. Like a journal, it provokes spontaneous insights and solutions; beyond journaling, it establishes a process that is interactive and dynamic.Ã¢ Ã•-Theresa L. Crenshaw, M.D., San Diego Union-TribuneÃ Ã¢ Ã¢ Ã¢ Ã“If you really want to supercharge your writing, I recommend that you get a copy of Julia CameronÃ¢ Ã¢ â„¢s book THE ARTISTÃ¢ Ã¢ â„¢S WAY. IÃ¢ Ã¢ â„¢m not a big fan of self-help books, but this book has changed my life for the better and restored my previously lagging creativity.Ã¢ Ã•-Jeffrey Bairstow, Laser Focus WorldÃ Ã¢ Ã“Working with the principle that creative expression is the natural direction of life, Cameron developed a three month program to recover creativity. THE ARTISTÃ¢ Ã¢ â„¢S WAY shows how to tap into the higher power that connects human creativity and the creative energies of the universe.Ã¢ Ã•-Mike Gossie, Scottsdale TribuneÃ Ã¢ Ã“THE ARTISTÃ¢ Ã¢ â„¢S WAY is the seminal book on the subject of creativity and an invaluable guide to living the artistic life. Still as vital todayÃ¢ Ã¢ â„¢ or perhaps even more soÃ¢ Ã¢ â„¢ than it was when it was first published in 1992, it is a provocative and inspiring work. Updated and expanded, it reframes THE ARTISTÃ¢ Ã¢ â„¢S WAY for a new century.Ã¢ Ã•-Branches of LightÃ Ã¢ Ã“THE ARTISTÃ¢ Ã¢ â„¢S WAY has sold over 3 million copies since its publication in 1992. Cameron still teaches it because there is sustained demand for its thoughtful, spiritual approach to unblocking and nurturing creativity. It is, dare we say, timeless.Ã¢ Ã•-Nancy Colasurdo, FOXBusinessÃ Ã¢ Ã¢ Ã¢ Ã¢ Ã“Praise for VEIN OF GOLD, the second volume in the ARTISTÃ¢ Ã¢ â„¢S WAY trilogyÃ Ã¢ Ã“For those seeking the wellspring of creativity, this book, like its predecessor, is a solid gold diving

rod.Ã¢ ¸--PUBLISHERS WEEKLYPraise for ARTISTS WAY EVERY DAYÃ¢ ¸|Ã ¸Ã¢ ¸IÃ¢ ¸â„¢ve been a huge fan of Julia CameronÃ¢ ¸â„¢s work since I first delved into THE ARTISTÃ¢ ¸â„¢S WAY over a decade ago. Since then sheÃ¢ ¸â„¢s continued to create a series of inspirational books, the latest of which is THE ARTISTÃ¢ ¸â„¢S WAY EVERY DAY, a wonderful collection of meditations and daily inspiration. A great addition to any collection of meditation and inspirational materials, Ms. CameronÃ¢ ¸â„¢s new offering is sure to guide you in a new direction.Ã¢ ¸--Dishmag.comÃ ¸Ã¢ ¸“Now, CameronÃ¢ ¸â„¢s most vital work is accessible in a daily guide. Intended for study for the course of a year, THE ARTISTÃ¢ ¸â„¢S WAY EVERY DAY extracts the essential teachings from CameronÃ¢ ¸â„¢s groundbreaking work and assigns them to each of the 365 days.Ã¢ ¸--Business Woman

I was riding a train from Washington DC to Chicago, when I read an email from Neale Donald Walsh that said that I needed to buy a special book right away that day. That this book would totally transform my life. I went through the books on my Kindle App and went straight to my favorite author Julia Cameron. As I sifted through the options, Julia Cameron's book on Transitions spoke to me because it was a book about changes. So, I purchased it and began reading it on my cell phone while the train sped by through the night. I found Julia's words comforting and very healing. I am grateful when certain passages spoke to exactly where I was in my life. I actually have read the book cover to cover twice. When someone I loved was going through a crisis, I decided to send Julia Cameron's Transitions book to him to help him as he was facing so many rapid changes as a gift for Christmas. Now someone who is special to me can also connect with Julia Cameron's profound wisdom. Thank you Julia Cameron and Neale Donald Walsh.

I've had this book for several years and love it. I bought it for a friend who is having a spiritual journey. It is more spiritual than traditionally religious. Not preachy and very insightful.

Julia Cameron is one of a rare few who possess the gift of intuitive sensitivity, with which she communicates fluently and resourcefully those words a bereaved person desperately needs. Julia's Transitions is a perfect vehicle to provide that kind of comfort and inspiration. Moreover, it is a beautifully designed book of handy dimensions. I really do not know how it could be improved upon for the purpose.

I love Cameron's thoughts to enhance my morning meditation. At other times, I just open a page,

and often find helpful and healing words. This makes a lovely gift.

I loved Cameron's "The Artist's Way" series, so when I came to a point in my life when I was going through many changes I had no control over, I found this little book helpful.

I have an entire library of Julia Cameron's work, but I hesitated to add "Transitions" to it, wondering what else she could possibly say in a series of short inspirations to guide me as a writer. I shouldn't have hesitated. Julia's gift is that she helps us to understand the significance of the creative process in our lives and to cherish its ups and downs. This is a book to be savored in small, measured doses as a tonic to rev up our imaginations and soothe our souls.

I have purchased 6 copies of this book after receiving it from my dearest friend. I have given it as a gift to women in the middle of a crossroads, a crisis, and a cancer diagnosis. I found it soothing and centering during many of my own doubt filled moments.

I order 10 copies at a time and give them to my psychotherapy patients who are going thru personal crises. I already know it to be a powerfully beautiful and comforting book

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